



# How you help: You keep our doors open. All of them.

## You make the full spectrum of help possible.

While we're best known for our Drop-In Center and residential programs, teenagers and young adults who are struggling come to us through many other doors as well, and once here, they access several or even all of our programs to get additional help.

### BASIC NEEDS & SUPPORTIVE HOUSING

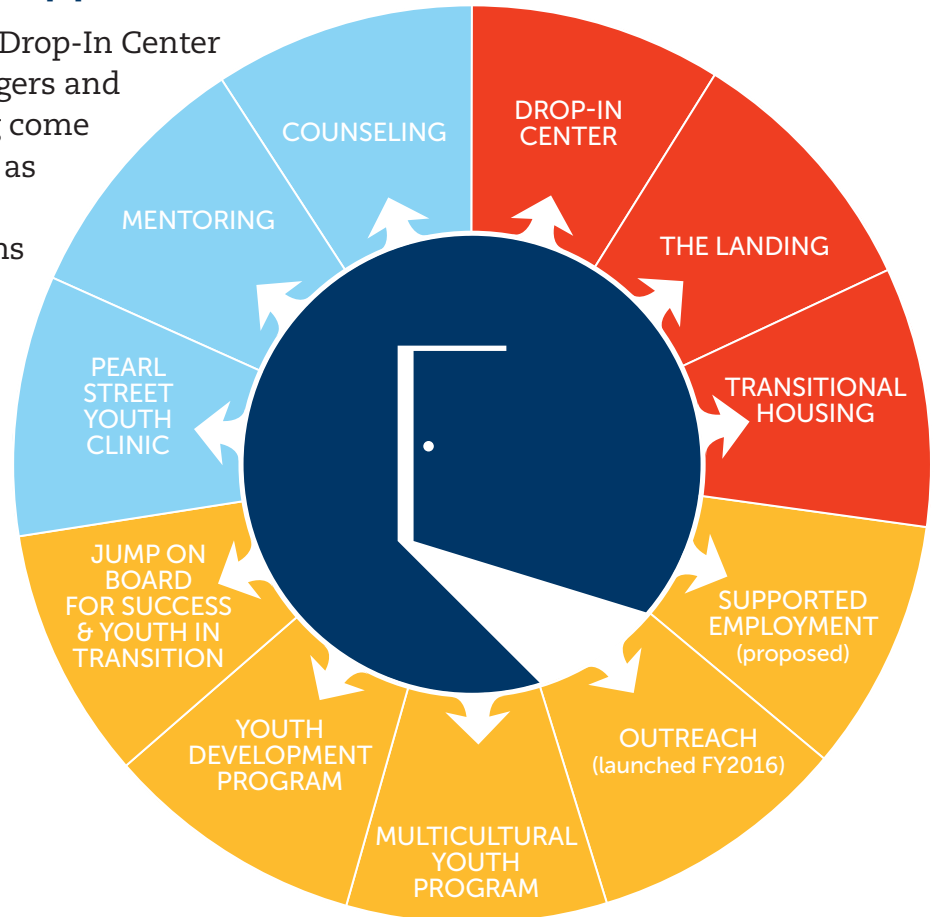
In the Landing (our shelter), you housed 25 youth this year—fewer than the 42 we served last year—but the average length of stay grew from 50 days to 90. Young people are entering our residences with more complicated barriers to success and are taking longer to stabilize and graduate.

Drop-In Center.....700 served  
The Landing (our shelter)..... 25 served  
Transitional Housing.....18 served

### PREVENTION & INTERVENTION

The Counseling program has just adopted a new evidence-based approach called the Seven Challenges that is designed to meet our youth where they are at, improve critical thinking about their decisions, and enhance problem-solving skills. Although created to treat youth using substances, this is a holistic treatment model that can be used to address a wide range of issues.

Counseling.....425 served  
Mentoring.....80 served  
Pearl Street Youth Clinic .....1160 served  
(a Community Health Centers of Burlington program)



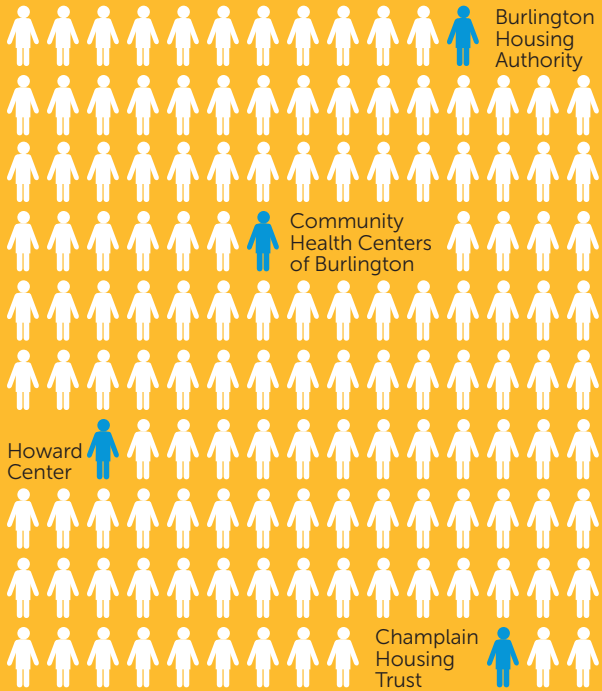
### LIFE & SURVIVAL SKILLS

You offer coaching for young people on finding and keeping a job or a place to live, getting into and paying for school, budgeting, and other critical life skills.

We are finding that young adults in our programs are able to get jobs with our help, but they have a harder time keeping them. In the coming year, we expect to launch our own small business so that we can provide on-the-job coaching on the soft skills needed to keep a job over the long term.

Youth Development Program...140 served  
Jump on Board for Success..... 76 served  
(with HowardCenter)  
Youth in Transition..... 56 served  
Multicultural Youth Program..... 33 served  
(launched in the last quarter)

**“I’m getting help and I’m not as messy inside as I am outside.”** SPECTRUM YOUTH



**You make collaborations happen. Over 140 of them.**

Many of you have told us that you like to see collaborations among nonprofits and other agencies in our community. They're important to us, too! From formal agreements to informal conversations, partnerships are the lifeblood of the work you make possible. **Above are just some of the 140 collaborations that help youth in our community turn their lives around.**

For a full list, please visit [www.spectrumvt.org/partners](http://www.spectrumvt.org/partners).

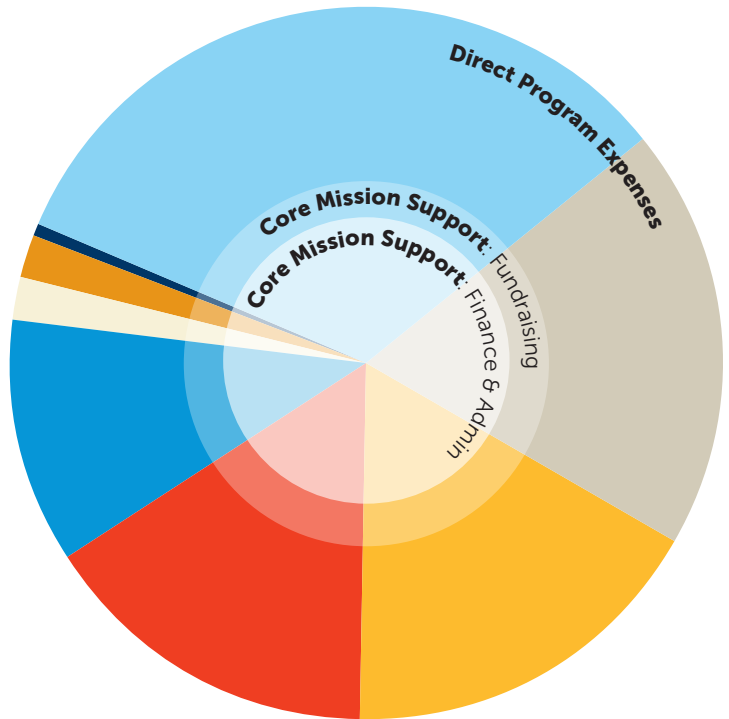


**“I took this photo because freedom is something that means a lot to me. Freedom of choice, freedom of expression, freedom to do whatever I want.”** SPECTRUM YOUTH

**You make sure help is there when our youth need it.**

**10.1.14 to 9.30.15**

Each year, as federal and state resources wane, donations from people like you make up a greater proportion of our budget. You are keeping the doors open and the lights on for the next youth who needs help, and we are so grateful. Thank you!

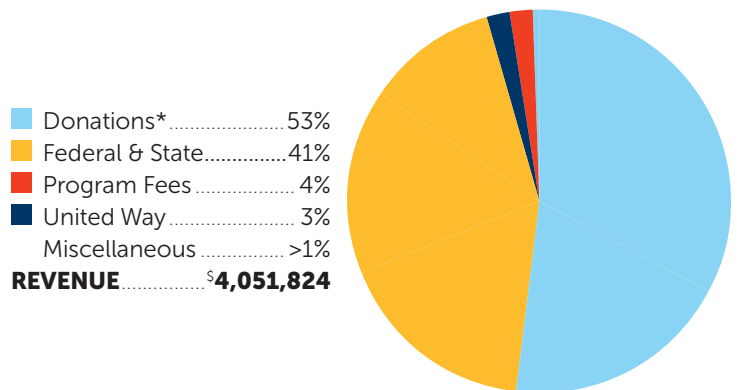


**Core Mission Support**

Finance & Admin.....	16%
Fundraising .....	10%

**Direct Program Expenses**

Residential Programs.....	33%
Skills Programs .....	19%
Counseling .....	17%
Violence Intervention & Prevention .....	15.6%
Drop-In Center.....	11%
Mentoring .....	2%
Multicultural Youth Program.....	2%
Supported Employment.....	0.4%
<b>EXPENSES</b> .....	<b>\$3,276,283</b>



Donations* .....	53%
Federal & State.....	41%
Program Fees .....	4%
United Way .....	3%
Miscellaneous .....	>1%
<b>REVENUE</b> .....	<b>\$4,051,824</b>

*\*In Fiscal Year 2015, Cynthia Hoehl made a generous one-time donation of \$1 million to Spectrum, resulting in a surplus. These funds, shown in the Donations line, were restricted by Spectrum's Board of Directors to be used for special projects only (such as to launch the Multicultural Youth Program and the social enterprise), as they are not replaceable and so cannot be used to sustain an ongoing program.*