

# Spectrum Sun

Your gifts at work for teenagers & young adults

## THANK YOU

This issue of the *Spectrum Sun* features joy-filled stories of youth who received safe shelter during the holiday season because of YOU!

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**SPECTRUM**  
YOUTH & FAMILY SERVICES

## A Safe and Warm Place to Sleep

Thanks to you, David no longer lives in his car

The nights were freezing cold, but David had nowhere else to go. Each night after work, David slept in his car. Thankfully, your generosity gave David a warm bed at the end of his long day.

Your kind support rescued David from homelessness and provided him with a life-changing gift—a safe, warm place to rest every night after an exhausting day.

David is a young father who worked

multiple jobs to support his baby. While his daughter lived with his ex-girlfriend, David had no place to live. He needed safe housing.

**Thank you for being  
there when David  
needed you the most.**

Because of you, David was able to get safe shelter at Spectrum. He

*Continued on page 3*



# YOU PROVIDED A FAMILY WITH A SAFE HOME DURING THE HOLIDAYS



## MARK'S MISSION MOMENT

I'm so excited to share this special holiday edition of our newsletter. You'll read stories of teens and young adults who found safe housing during last year's holiday season thanks to your generosity.

Because of you, our doors were open for youth who needed help when they had nowhere else to go.

Teens and young adults come to our warming shelter for all kinds of reasons and from all walks of life. And when they talked about what safe shelter means to them, they were truly filled with appreciation.

**"I'm grateful for the warming shelter because I would still be sleeping outside if I wasn't here. It's great and I'm really thankful for all the support."**

Without your help, these teens and young adults would have spent the winter holidays freezing outside.

You provided youth with a safe and warm place to sleep when they needed it the most.

As the cold weather arrives, I know more youth will need help before the holidays.

Thank you,

*Mark*

Mark Redmond, Executive Director



## The Best Gift

**Your generosity provided safe and warm housing to youth in need**

Whether teens needed a warm place to sleep or just someone to talk to, your amazing gift made it possible for young people to get the shelter and care they needed during one of the most difficult seasons this past year.

The pandemic has challenged all of us, but for teens with no home, you have been a lifeline of support.

Lee came to Spectrum after her high school asked if we could help. Her family neglected her. She was homeless and needed a safe place to live.

**Your gift provided Lee and teens like her with a warm bed, food, and other life-changing care**

When youth dealing with homelessness hear the word "shelter" they think of a scary, unsafe place. But their fears immediately fade away as soon as they are welcomed into a warm and caring home.

Your gift provided Lee and teens like her with a warm bed, food, and other life-changing care to help navigate the world with confidence and encouragement.

Today, Lee lives in our transitional housing program, which helps residents develop independent living skills in a supportive community. She is currently working hard and juggling multiple jobs so she can save enough money to live on her own one day!

## In Their Own Words

Your gift made such a difference for youth in our community.

If I wasn't at the warming shelter, I would probably be sleeping in laundromats like I did last winter 'cause it's too cold to sleep outside. **I really enjoy Spectrum and always feel safe. The environment is welcoming, and the staff are nice.**



I'm thankful for the warming shelter because if I wasn't there I would be sleeping outside in the freezing cold. Before I was there I didn't even have a sleeping bag, 'cause someone found it and threw it away when I left my camp. **And I love the staff. They are awesome, fantastic, and cool.**

I'm really grateful for the warming shelter because it's a safe place to stay when I have nowhere else to go. I really feel the staff care about us. **And I appreciate that it's warm. And the beds! They're actually really comfortable.**



## A Safe and Warm Place for David... *Continued from pg. 1*

had his own bed to sleep in, warm meals to eat, and amazing staff who made him feel at home.

David's biggest motivation was being able to be there for his daughter and provide for her needs.

David is one of the kindest and most hardworking residents. He does all his chores, takes care of his space, and has been such a

wonderful addition to our community.

Today, David is on track to get his own apartment, thanks to your support. He is very involved in his daughter's life and works diligently every day to build a better life for himself and his child.

Learn how you can provide one **night of safety**





## You can Provide a Teen with Safe Shelter this Holiday Season

Tonight there is a young person who needs to stay at Spectrum's Warming Shelter. They might be running away from an unsafe home, escaping an abusive relationship. Or they might be struggling financially through the pandemic with no place to go.

Cold weather is coming. The snow will soon be here. And it's the worst time to be homeless in Vermont. But you can provide safe shelter for a local homeless teen or young adult for just \$8.91 a night.

No one deserves to be cold and hungry without a safe home for the holidays.

Today you can provide warm and safe shelter for local youth just in time for the holidays! **Your gift will provide a safe-haven and refuge for teens who have hit rock-bottom and need a place to get back on their feet.**

We hope you'll choose to help today. Please send back the enclosed **Holiday Shelter Voucher** with your generous gift!

### Our Mission & Vision

Our mission is to empower teenagers, young adults, and their families to make and sustain positive changes through prevention, intervention, and life skills services.

### Stay connected



**SPECTRUM**  
YOUTH & FAMILY SERVICES

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(802) 864-7423  
SpectrumVT.org

*To protect the privacy of the people you have helped, photos, names and other identifying details may have been changed.*

## HOLIDAY SHELTER VOUCHER

THIS VOUCHER WITH MY GIFT PROVIDES SAFE HOUSING TO YOUTH IN NEED

☒ **YES, Mark!** Use my gift to help teens and young adults get safe and warm shelter during the holidays.

Here is my gift of:

- ☐ \$26.73 to provide 3 nights of safe shelter and care
- ☐ \$62.37 to provide 7 nights of safe shelter and care
- ☐ \$124.74 to provide 14 nights of safe shelter and care
- ☐ \$\_\_\_\_\_ to help as much as possible

*Please give  
before Nov. 25*



To give online visit: [donate.spectrumvt.org/holidayvoucher](https://donate.spectrumvt.org/holidayvoucher)