

**Your gift of \$8.91
provides a day of
safety and care for
a young person
in need.**



A Teen Needs Safety and Warmth, Today!

A local teen is experiencing homelessness and needs your help, today.

The weather is getting cooler, and a young person facing homelessness needs to find a safe, warm place to sleep tonight.

Your gift today will provide safe and warm housing to a teen or young adult in need.

And because the temperature is dropping, your gift is needed urgently to help make sure our

youth are not left cold and alone.

For just \$8.91, will you please provide a safe place to go for a local teen or young adult facing homelessness?

Your generosity will be the first step for a young person to get back on their feet. Thanks to you, a youth will receive safety, warmth, counseling, job coaching, and other life-changing support.

But it all starts with your gift, today.

Our Mission & Vision

Our mission is to empower teenagers, young adults, and their families to make and sustain positive changes through prevention, intervention, and life skills services.

Stay connected



@SpectrumVT
Facebook.com/SpectrumVermont



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SpectrumVT.org

To protect the privacy of the youth you have helped, photos, names, and other identifying details may have been changed.

Spectrum Sun

Your gifts at work for teenagers & young adults

THANK YOU

This issue of the *Spectrum Sun* features stories of how your gift helped young people build bright futures!

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You Provided Shelter and a Path Forward!

Nicolai was suddenly homeless, but your support provided shelter and care.

Your generous support helped Nicolai (they/them) avoid homelessness and build a bright future for themselves where they can use their experience to help others.

Nicolai's home life growing up was very difficult and often unsafe. Raised in Texas with their siblings, they knew from an early age they were different.

When Nicolai was 12 years old, they came out to their family, but they were met with a lack of support. This left them feeling out of place and alone.

So, Nicolai saved up as much money as they could and on their 18th birthday, they moved to Vermont to live with a friend. When they left Texas, Nicolai lost ties with their family.

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PROVIDE SAFETY AND WARMTH TODAY!

☒ **YES, Mark! I want to provide a young person with warmth, safety, and other life-changing care.**

Here is my gift of:

- ☐ \$26.73 to provide 3 days of warmth, safety, and care
- ☐ \$62.37 to provide 7 days of warmth, safety, and care
- ☐ \$106.92 to provide 12 days of warmth, safety, and care
- ☐ \$249.48 to provide 28 days of warmth, safety, and care
- ☐ \$_____ to provide as much help as possible



To give online visit: donate.spectrumvt.org/wintershelter



THANK YOU FOR PROVIDING SAFETY AND WARMTH TO YOUTH IN NEED



MARK'S MISSION MOMENT

Your support and generosity have made an incredible difference for the youth in our community who are facing homelessness and difficult situations.

I was speaking with a young person recently, and she wanted you to know just how thankful she is for your kindness and care. Your generosity provided the support she needed to find stability again.

"This is an accepting place and I feel respected as a person. I am not judged for being here. You are genuinely here to help and have provided a lot of great resources."

Your generosity helps teens and young adults feel valued and know that they matter. Thank you for showing the youth in our community how much you care.

The stories in the newsletter are just a glimpse into the amazing impact you have made. Your support means everything to youth who have no safe place to call home.

Sincerely,

Mark

Mark Redmond
Executive Director

Payton's Fresh Start

Your gift provided a young man with the support and stability he needed

Payton grew up in the foster care system, feeling unwanted and unsupported. His parents struggled with substance use which left him shuffling from home to home. Payton moved more times than you can imagine—11 moves within 5 years!

Nothing in his life felt stable until he met his Spectrum case worker.

It was because of your generosity that Payton was given a supportive and kind case worker to help him on his journey and find a safe place to live.

You'll be thrilled to know that Payton has now moved into his own apartment! Your support helped him find and move into a permanent housing option.



And now Payton is creating a bright future for himself!

He is on the path to his dream job as a football coach and has been volunteering as an assistant coach for middle school tackle football.

Every time Payton has an important meeting about his growth and future, his Spectrum case worker is there.



"I hugged my case worker... I've never done that before. But my case worker actually cares about me! They have helped save my life and turn it around."

Thank you for caring about young people like Payton. Your gift gives them the support they need and shows them how much they are valued.

Your Gift Provided a New Beginning

After struggling with homelessness, Lynn found shelter and a support system

Thanks to you, Lynn went from living on the streets with undiagnosed mental health struggles, to gaining the confidence and the skills she needs to pursue her dreams!

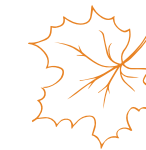
Before coming to Spectrum, Lynn was homeless and skeptical of social workers due to past experiences. But once she got to know the staff, she started to open up more and more.

Thanks to your support, Lynn was able to move from the Spectrum shelter to our transitional apartments. Here, she received counseling, and was properly diagnosed and given the care and support she needed.

Lynn also received guidance on other skills that would help build her future. She learned how to find and apply for jobs, nurture her relationships, and manage her time. These lessons would prove valuable as she built her future.

She now is thriving while going to college and pursuing law school! Your support helped Lynn

get back on her feet and create a future she never thought possible.



She said, "Spectrum has become my make-shift family. I came from nothing, living on the streets, and now here I am. I can do anything!"

Thank you for giving young people like Lynn a new beginning!



"You supported me when I needed it the most!"

Thanks for Helping Nicolai

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It wasn't long before they needed to find their own place to live. With short notice and affordable housing hard to find, Nicolai wasn't sure where to go and was facing homelessness.

But thanks to your support Nicolai was able to move into Spectrum's Pearl Street housing.

While at Pearl Street, Nicolai received guidance in their job search. They now have a retail job they enjoy and are saving up to find their own apartment. Nicolai also proudly serves at Spectrum as a consultant advising the team on an upcoming program!



Nicolai says, "If Spectrum didn't exist, I would be homeless and on the streets. I'm in a much better place than I was two years ago before coming here. It's been a big help and is truly making a difference."

YOU helped to make this possible! Thank you for giving youth like Nicolai the support and care they need to get back on their feet.

Learn how you can provide one day of safety