

# Sleep Out

## March & April 2026

Each March, over 400 people of all ages sleep outside overnight in solidarity with youth facing homelessness in Vermont—and 3,000 people donate to support them.

Adults gather in Burlington (this year at Hula on 3/26) and St. Albans (4/2). Students gather with their own teams on a date of their choosing.



Questions? Contact Charlotte at [events@spectrumvt.org](mailto:events@spectrumvt.org).

Ready to make a difference? [Click here](#) to pay for your sponsorship via credit card, or [email us](#) for an invoice.



- Title recognition at both 2026 Sleep Out and Empty Bowl events: "Spectrum's [Event Name] Presented by [Company]"
- 10 tickets to Empty Bowl 2026
- Opportunity to present brief remarks during programs
- Acknowledgement on collateral materials and in programs
- Acknowledgement on social media, eNews, press release, invitation
- Company logo on select event merchandise and on both websites
- Sleep Out highlight in print newsletter or Annual Report



- Acknowledgement on social media, eNews, press release
- 4 tickets to Empty Bowl Dinner
- Logo on both websites
- Acknowledgement in program



- Acknowledgement on social media
- 2 tickets to Empty Bowl Dinner
- Logo on both websites
- Acknowledgement in program



- Acknowledgement on social media
- 2 tickets to Empty Bowl Dinner
- Logo on both websites
- Acknowledgement in program



- Acknowledgement on social media
- Logo on Sleep Out website

2.4K

3.8K

8.0K